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Special Planning Edition

- 1. Planning - Hot Tips for Self Advocacy Groups***
- 2. Victorian Self Advocacy Network Update***
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- 5. SARU Word Search***

1. Planning

In June SARU supported Reinforce to run a very successful planning day. Reinforce members came together to work out what the group will be doing over the next two years. The session finished with members turning their plan into a self advocacy tree to put on their wall. The advocacy tree has all the activities that Reinforce will be working on over the next two years. SARU thought other groups might be interested in learning about planning and how to make a self advocacy tree.

What is Planning?

Planning is what groups do to decide the activities or projects they want to work on. The first step of planning is to talk about the things your group cares about and the things you want to change. These are the goals of the group.

The next step is to work out the activities or things you will do to make your goals happen. Here are some examples of goals that a group might decide are important and the activity the group will do make them happen.

Goal: Support people with disabilities to get their rights.

Activity: Run a Rights Information Day

Goal: Educate the community about disability rights

Activity: Learn how to do public speaking and then go out into the community to give talks.



1. Planning cont

Once you have decided the activity you are doing there are some decisions to make including:

- What you are going to do
- How you are going to do it
- What jobs need to be done
- Who is going to do the different jobs
- When you are going to do them (timeline)

It is a good idea to write a plan for your group every 6 or 12 months. Everyone in your group should be able to have a say in the plan. Some groups run a special day to write their plan. Here is an example of a form you can use to help with your planning:

Action List			
Project: Rights Information Day			
Activity	What has to happen	Who	Done
Where: In the local community centre	Ask the co-ordinator of the local community centre if we can use a big room	Brenda	
Money: We have \$500	We need to make a budget	Megan	
Helpers: Members of our group, our support worker and SARU	We need email these people and ask if they can help us	Phil	
Who: People with disabilities, service managers, politicians etc	We need to make a list of names and get contact details for these people	Jim	
Jobs:	1. Make an Agenda for the forum 2. Pick the guest speakers 3. Pick a Date 4. Make and mail invitations 5. Organise food 6. Make an equipment list microphones data projectors etc 7. Decide which self advocates will speak 8. Pick the MC 9. Keep track of our spending	Cynthia Committee Committee Jim Godfrey Rose Committee Committee Megan	



Self Advocacy Tree

When Reinforce finished their plan they made a self advocacy tree. The roots are the names of the members of the group. The trunk has all the goals that Reinforce wants to achieve. The leaves are the activities that Reinforce will do over the next two years to reach those goals

Why not have a go at making a self advocacy tree for your group.



If you would like help to run a planning session contact the SARU

2. Victorian Self Advocacy Network Heidi's Update

Over the last few weeks I have been busy pulling together information on networks and making a training package for self advocacy groups looking at how to set up a Victorian Self Advocacy Network. I have found the research really interesting, it has been amazing to see what networks around the world have done to improve human rights!

Last week I went to a meeting at People First Victoria who were very welcoming and interested in the idea of a Victorian Self Advocacy Network. I told them about how it was David Banfield's (a great self advocate and founding member of Reinforce) dream to build a network that all the groups would be a part of and they said that they were also interested in making his dream come true. Now that I have finished the package. I will be sending out the information to all the self advocacy groups so that they can learn about networks and have their say. I look forward to talking to you all and planning this very exciting network! Please contact me if you have any ideas or questions. Heidi



3. Funding grants

The Besen Family Foundation

Category: Community Projects

Closes: Thursday 27 September 2012

What they Fund: The Besen Family Foundation funds projects that support groups to become stronger and connect with the community. Before you apply you should fill in a one page *Expression of Interest* form and email it to the Foundation.

To find out more about the funding go to this website:

<http://www.besenfoundation.org.au>



4. What's On

Karingal is running a forum on the National Disability Insurance Scheme. Victorian Liberal Senator Michael Ronaldson will be attending. Go along if you would like to hear about what is happening with the NDIS

When: 18th July 10.30 -12 noon

Where: 98 High Street Geelong

RSVP: email dean.bushell@aph.gov.au or call 5245 8904.



4. What's On cont.

YDAS is running a campaigning workshop for young people with and without a disability. The workshop will help you to learn about advocacy, how to run a campaign. You will also have the chance to meet with other young people who do advocacy work.



When: Saturday 28th of July 2012

Where: Melbourne Multicultural Hub, 506 Elizabeth St

Cost: Free (you need to register as places are limited!)

RSVP: To Bec by Monday 23 July 2012 Ph: 9267 3712

Email ydasprojects@yacvic.org.au

5. SARU Word Search

Have a go at the SARU Word search. Let us know what you think. If your group would like to make a word search for our next e-memo or for your own newsletter contact the SARU.

Don't Forget !!!!

You can now watch the SARU memo online go to SARU facebook page:

<http://www.facebook.com/groups/102307067022/>

or the SARU Bambuser page:

<http://bambuser.com/channel/Self%2BAdvocacy%2BReource%2BUnit>

Contact SARU

If you would like to put an item in this memo

If you would like us to put in information about your group

If you would like to tell us what you think of this memo

SARU Word Search

D T S Q Y M P N G R H Y E Y F
Y I X T E T E V E J C E T R O
A F S E H T I I X A R I J N U
C D T A W G N N C T V L O O N
A C V O B F I O U I L K B G D
M G R O O I V R T M R D S N A
P K O R C D L C O T M X Q I T
A N C A A A A I S T D O H N I
I E R F L E C I T L K S C N O
G O L I A I S Y B Y D A S A N
N E E C N A R U S N I N X L O
S P R O J E C T S B I F Q P I
P P Y C Q Q T G N I D N U F T
C K D W D H S T Z W D K J N C
P E O P L E F I R S T S H I A

ACTION
CAMPAIGN
FOUNDATION
INSURANCE
NETWORK
PROJECTS
SELFADVOCACY

ACTIVITY
COMMUNITY
FUNDING
JOBS
PEOPLEFIRST
REINFORCE
TREE

ADVOCACY
DISABILITY
GOAL
MEET
PLANNING
RIGHTS
YDAS